

Important Notes for Monday!

Specials for Mrs. Haldeman's Class:

Day 1: PE/Music

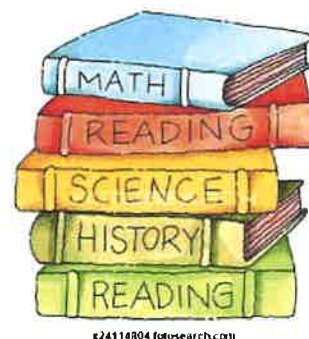
Day 4: PE/Music

Day 2: Spanish/Art

Day 5: Spanish/Art

Day 3: Innovation Lab/Health

Day 6: Spanish/Technology



The Wellness Policy has changed this year. Parents can access the details through the CCS website.

Please do NOT send in unapproved food for birthdays!

Snacks: Students will be able to eat snacks when they arrive in the morning, @ 10:45am (unless there is a special), and at dismissal.

Snacks that meet Competitive Food Compliance with each item having less than 35% calories from fat, less than 10% calories from Saturated Fat and less than 35% sugar by weight.

Smart Snack List 2017-2018

Baked Herr's chips

Animal Crackers

Herr's Popped

Good Nature Crisps

Baked Ruffles

Gold Fish

Baked Lays chips

Jell-o Fat Free Pudding

Sun Chips

Side Kick Frozen Fruit Juice

Reduced Fat Doritos

Jack Link's Beef Jerky

Whole Grain Baked Cheetos

Whole Grain Pop Tarts

Tostitos

Carrot Stick

Smartfood Delight

Fresh Fruits

Simple Chex

Yogurt

Soft Pretzels

Rold Gold Pretzels